

TEENS FITNESS



Photo? Imagery?

With the increase of video games, web surfing and other sedentary activities, more youth and teens are developing excess weight and poor posture, and are at risk for diabetes. This program will focus on making exercise enjoyable; practicing good exercise habits; reducing stress in healthy, positive ways; and developing good nutritional habits.

Location: Chandler Community Center, 125 E. Commonwealth Ave.

Resident fee: \$5 Non-resident fee: 7

221YT.471 Th 9/15-10/20 6-7:30 p.m. 13-17 yrs

For additional information visit www.chandleraz.gov/teens or call 480-782-2727.

To register, go online to www.chandleraz.gov/registration or complete the form below and return it with payment to any Chandler recreation center.

Registration deadline is Sept. 1



Find out more about these upcoming programs and where to find them at www.chandleraz.gov/teens.

Know the latest information by joining our **facebook** Fan Page. Just search for "**Chandler Teens All Access**".

Teen PROGRAM – Teen FITNESS!

	Ages	Reg. Code	Res./Non-res. fee	# teens enrolling	Total
Thursday • 9/15-10/20 6-7:30 p.m.	13-17 yrs	221YT.471	\$5/\$7	x _____ = _____	

Total Fees = _____

NAME _____ SCHOOL _____

DATE OF BIRTH _____ PHONE NUMBER(S) _____

ADDRESS _____

CITY _____ ZIP _____ E-MAIL _____

PAYMENT TYPE (CHECK ONE) ☐ CASH ☐ CHECK ☐ CREDIT CARD (CIRCLE TYPE): MASTERCARD VISA AMERICAN EXPRESS

CARD NUMBER _____ EXP. _____ / _____

SIGNATURE REQUIRED: I give permission for my child, myself or my spouse to receive medical treatment in case of an emergency. I understand that the City of Chandler does not carry accident insurance for these programs. I agree to indemnify and hold harmless the City of Chandler from all losses or injuries sustained during our participation. I also give my permission for any photos/videos taken of participants to be used by the City of Chandler.

PRINTED PARENT/GUARDIAN NAME _____

PARENT SIGNATURE _____ DATE _____



Chandler • Arizona